



## WILL THE PERFECT "REAL YOU" STEP FORWARD?

Part I – Be Ye Perfect

Part II – The Perfect "Real You"

Part III – The Bejeweled, Perfect "Real You"

### Part I – The Perfect You

**The Perfect "Real You," Your Regenerated Spirit Man, is Your Empowerment to Live Out the Wealth and Privileges of the New Covenant**

This lesson contains major revelation setting the stage about how to fully live out the spiritual empowerment placed in every believer to live the Christian life exactly as the scripture asks every believer to do. Living below the wealth and privileges laid out in the New Covenant is the norm for a vast majority of believers bound by a lack of knowledge, stiff apathy and love of the world.

Expect a fresh grasp of the depth and force of God's love and His passion to live Spirit to spirit with you, to take you to the highest level of His desired destiny for you, to be conformed to the image of His son Jesus,' **Romans 8:29**. The following two scriptures set the stage.

**MATTHEW 5:48 KJV** BE YE THEREFORE PERFECT, EVEN AS YOUR FATHER IN HEAVEN IS PERFECT.

**II CORINTHIANS 5:17 AMP** THEREFORE IF ANY PERSON IS (INGRAFTED) IN CHRIST (THE MESSIAH) HE IS A NEW CREATION (A NEW CREATURE ALTOGETHER); THE OLD (PREVIOUS MORAL AND SPIRITUAL CONDITION) HAS PASSED AWAY. BEHOLD, THE FRESH AND NEW HAS COME!

The first scripture is a command Jesus gives; to be **perfect** as our Father in heaven is **perfect**. It is possible! The second scripture lays the foundation to have such an intimate, **perfect** relationship with the Father. The reality of the positional spiritual status of the unregenerated spirit of man being transformed into, "a new creation, a new creature altogether" is required to house such spiritual **perfection** and amazing empowerment. In the vernacular, this transformed, **perfect** spirit man will be called the "real you."

### To Please a Perfect God, You Must be Spiritually Perfect and Sinless

First scripture: **Matthew 5:48**: Be perfect. What an audacious concept, right? Get a grip, right? Rethink possible! The implication is that in order to please God you have to be perfect and complete as He is. Who is perfect but God? How can this command from Jesus even be possible? Because Jesus said it...it is possible! Consent to that first! Then, understand that only a regenerated spirit man choosing to live in the realm of Spirit and Truth can have full access, intimacy and friendship with the Father, exactly as Jesus did as a son of Man. The Father's Heart to be Spirit to spirit with You.

**JOHN 4:24 NKJV** GOD IS SPIRIT AND THOSE WHO WORSHIP HIM MUST WORSHIP IN SPIRIT AND TRUTH.

Sin has separated mankind from having an intimate spiritual relationship with the Father. Sin and a holy God cannot and has never ever mixed. To see how you are empowered to be spiritually perfect, first understand how the O.T. principle of sacrifice for sin has set the stage. **Leviticus 22:21** states that in order to please the Father through animal sacrifice for sin, the animal chosen must be perfect with no defect.

### **Jesus' Sin-Killing Blood, the Perfect Sacrifice, Destroyed Sin's Power on Mankind**

In the O.T. the Father's redemptive authority placed in the sprinkling of an animal's blood only temporarily covers man's sin. The blood of animals did not regenerate the dead spirit of mankind. Complete and final redemption from man's sin and spiritual reconciliation to the Father came when the sin-killing authority of the blood of the Lamb of God (the final and sinless, human sacrifice), Jesus, the son of Man and Son of God, was sprinkled on the Altar of God's heavenly Temple, **Hebrews 9:11-12**.

Hallelujah! It was that perfect sacrifice that makes it possible for you to be perfect as your Father in heaven is perfect. When you accept Messiah Jesus at salvation, the Father releases your unregenerated spirit man to sovereignly, miraculously and permanently be changed and empowered, establishing you to be perfect in Spirit and Truth, **John 4:24!**

### **You Are Empowered to be a Perfect Spirit Man – Scripture Reveals and Illuminates More**

**HEBREWS 10:14** FOR BY ONE OFFERING HE HAS PERFECTED FOREVER THOSE WHO ARE BEING SANCTIFIED.

**HEBREWS 12:22-23** BUT YOU HAVE COME TO MOUNT ZION AND TO THE CITY OF THE LIVING GOD, THE HEAVENLY JERUSALEM, TO AN INNUMERABLE COMPANY OF ANGELS, TO THE GENERAL ASSEMBLY AND CHURCH OF THE FIRSTBORN WHO ARE REGISTERED IN HEAVEN, TO GOD THE JUDGE OF ALL, TO THE SPIRITS OF JUST MEN MADE PERFECT.

**JOHN 17:23** I IN THEM AND YOU IN ME, THAT THEY MAY BECOME PERFECTLY ONE, SO THAT THE WORLD MAY KNOW THAT YOU SENT ME AND LOVED THEM EVEN AS YOU LOVED ME.

### **Putting the Word, Perfect, into the Right Context**

Being perfect as the Father in heaven is perfect doesn't mean you are ever able to achieve God's level of perfection. He is the One, True and Living, Omnipresent, Omnipotent, Omniscient God and you are not! However, He has created and designed you to be a living spirit entity reflecting His very spiritual image.

- Perfect in Greek, *teleioi*, means: Complete, mature, having reached its end.
- In Aramaic, *gmeera*, perfect means: Nothing left out, finished, full of age in labor, growth and moral character.
- The perfect spirit man, the "real you" is complete, mature, with no defect or lack! **Leviticus 20:7** and **I Peter 1:16** are both admonitions for the necessity of you to be holy. Your spirit man, the perfect "real you" is perfect and holy!
- Being perfect enables you to walk in intimate Spirit to spirit relationship, in perfect dedication in a complete perfect way that pleases your perfect God. In a picture, it is being One in the Spirit with Jesus, **I Corinthians 6:17**.
- A perfect spirit man, housed in a human body, is the only spiritual force on this earth the Father has empowered to distinguish, characterize and release the spiritual mechanics necessary to bring the New Covenant and the Kingdom of God into full manifestation.

- Being a perfect spirit just as the Father is a perfect spirit empowers you to love, believe, obey and have faith as Jesus did. **II Peter 1:3-4** testifies, you have been given all things that pertain to life and godliness. The challenge: To live out of this glory placed in you!

### **What Do You Think of Your Perfect Self Now?**

Can you say that you are perfect as your Father in heaven is perfect yet? At the moment of your salvation, you were made spiritually perfect (not perfect in your flesh)! Your spirit man is empowered to rule over the pull of the world, your unruly flesh and the arrows of the devil! There is more about that in later lessons! By accepting salvation through Jesus' life, death and resurrection, being saved, blood washed, becoming a regenerated spirit man, a new creation, amazingly, you are perfect, **just as, exactly as, even as**, the Father in heaven is perfect.

How will it change you and what will it look like for you as you choose to live out of your spiritually perfect spirit man, the "real you," in your everyday life? Too many believers are stalled out in the fleshly fog of ignorance and/or unbelief of how imperfect, defective and separated they are. Living Spirit to spirit with God, worshipping Him in Spirit and Truth cannot be comprehended or lived out day by day. Significance, purpose, gifts, talent and calling lay dormant, stifled and unfulfilled. Let this not be you! Are you here yet...

**I CORINTHIANS 6:17 AMP** BUT THE PERSON WHO IS UNITED TO THE LORD BECOMES ONE SPIRIT WITH HIM.

**JOHN 14:20 AMP** AT THAT TIME (WHEN THAT DAY COMES) YOU WILL KNOW (FOR YOURSELVES) THAT I AM IN MY FATHER, AND YOU (ARE) IN ME, AND I (AM) IN YOU.

**II CORINTHIANS 3:17 AMP** NOW THE LORD IS THE SPIRIT AND WHERE THE SPIRIT OF THE LORD IS, THERE IS LIBERTY (EMANCIPATION FROM BONDAGE, FREEDOM.) See Isaiah 61:1-2.

### **Today is the Day to Formally Proclaim Your Perfect Status in His Perfect Presence**

**Proclaim out loud: Today is the day I am formally proclaiming that at the moment of my salvation \_\_\_\_\_ when my dead spirit was born again by the saving blood of Jesus, the son of man and Son of God, that I was transformed into a new creation in Him. I have now come to understand that as a new creation, my recreated spirit is perfect, complete, sinless and without defect. Therefore, being reconciled to the Father Spirit to spirit, I have been made to be perfect, just as, exactly as, even as, the Father in heaven is perfect. I am full of amazement and gratitude, I am so much more than what I have always believed I was. I am one who can worship Him in Spirit and Truth! Because I know my perfect spirit, the "real me" is always where the Spirit of the Lord is. We are One in Spirit. From this time forward, even when I am being tested and in bondage, I will choose His way of freedom. From this time forward, I will never doubt to believe that I am what all scripture says I am. From this time forward, I refuse to live below the privileges of the New Covenant and of the Kingdom of my God. In Jesus Name, Amen.**

### **Jesus Describes the "Real You" Being Spiritually Perfect as the Father is Perfect**

**Matthew 5, 6, and 7**, Jesus' dissertation called the Beatitudes, is a description of what it looks, feels and sounds like to live as a regenerated spirit man empowered to spiritually think, do and feel as the Father thinks, does and feels. Jesus' revelatory words "Blessed is..." were new and distant to the people, defying how things were always thought about and done in their lives. Have you thought Jesus' words were out of your reach as well? The Beatitudes is a description of you being perfect as the Father in heaven is perfect. With fresh revelation and belief, read these chapters and write in the margins of your Bible, **THIS IS ME!**

## Part II – The Perfect “Real You”

### Second Scripture, II Corinthians 5:17 – The New Creation, Your Regenerated Spirit Man, is the Perfect “Real You.”

**II CORINTHIANS 5:17 AMP** THEREFORE IF ANY PERSON IS (INGRAFTED) IN CHRIST (THE MESSIAH) HE IS A NEW CREATION (A NEW CREATURE ALTOGETHER); THE OLD (PREVIOUS MORAL AND SPIRITUAL CONDITION) HAS PASSED AWAY. BEHOLD, THE FRESH AND NEW HAS COME!

The rest of this lesson will graphically and practically give greater insight into why and how you can fully live out the privileges of the New Covenant. Observe the figures below.



- **Black figure with heart hole** – Your unregenerated spirit before salvation. You were born on this earth spiritually stillborn – born to lose, **Ephesians 2:1-3**. The unregenerated spirit of man lives in a bottomless pit of ongoing darkness, decay, deception and failure. If not regenerated, it results in eternal death.
- **Red figure – the “real you”** – Your spirit in regeneration, a new, perfect, spiritual creation; Christ in you and you in Christ. When the “real you” rules your life, your old nature, the power of sin and the enemy are under your feet. This is what **Romans 6-8** graphically and explicitly establishes.
- **Red figure with black face and heart hole** – As a believer, the carnal state of the unrenewed mind or soul control can willfully rule over the “real you.” Your understanding is clouded; your will is deceived. Your spiritual ears are unable to hear, the spiritual eye of your understanding is closed. Your mind, will, emotions are again incarcerated by your old nature. You have a 50-50 chance of choosing and acting like a believer.

### A Graphic Picture of the “Real You” in the Process of Salvation and Regeneration

All people are the Father’s supernatural offspring bearing His image, spirit, soul and body, **Genesis 1, Acts 17:28**. However, because of Adam’s sin, on the day of your birth, you were spiritually stillborn with an unregenerated spirit, **Romans 5:12, I Corinthians 15:21**. The unregenerated spirit is like being a Corvette or a Bentley with no engine. You look good, real good; you have a valuable body and cool wheels, but cannot go anywhere! It’s true, the “old flesh man” is greatly flawed, but is also greatly loved!

- Even though you were lost and “born to lose,” the Father planted eternity in the hole of your heart, **Ecclesiastes 3:11 AMP**. It is His mark and kiss of loving, eternal ownership.
- The heart hole represents this yearning for eternity in you. It represents the hunger, thirst and ache of your languishing dead spirit worship, to be alive, whole and thriving. You know you are missing something eternal. It is a holy compulsion to worship something bigger than yourself. Because He wants you to fully know Him, He pursues you and woos you be reconciled to Him and to walk as One in Spirit and Truth with Him and His Son, Jesus.

Mankind’s empty heart hole can only be filled and spiritually regenerated when a person accepts the redemptive work of Messiah Jesus’ **stripes** of punishment, **Isaiah 53:5**, for salvation. Have you personally accepted the redemptive work of His life, death and resurrection? \_\_\_Y \_\_\_N

- The root word, **stripes, chabar**, in Hebrew, means to unite, bind together, have fellowship, friendship. His stripes brought healing, **rapha** in Hebrew, meaning to mend, sew together. Messiah Jesus’ stripes, blood and death healed your dead spirit to receive His LIFE.

Your spirit has been healed, sewn and bonded together with Him! Jesus' death and resurrection **legally** wrought the release of the "real you" from the enemy, to be claimed by you (and all mankind), in the future at your salvation. Buddha, Allah, cults, the occult, good works of man or institution are incapable of supernaturally or legally fulfilling what the One, true and living God who created man has spiritually engineered to accomplish...the redemption of man's dead spirit.

- Spirit and Truth is the Father's nature and reality of existence. Only choosing to live faithfully in Spirit and Truth, can you please the Father and grow into the fullness of your new birth, **Hebrews 11:6, John 4:24, 6:63**. The "real you" is the Father's perfect, the premier and **only** supernatural, human tool of Spirit and Truth on earth to bring His will and what is in heaven to earth. That would be **you** regenerated believer!
- Mankind's heart hole can only be satisfied when the Father completely restores and fills that needy, empty spiritual hole with His Perfect Love. When you entered into your salvation, your dead spirit was reborn, raised, resurrected from the dead! The resurrection of the dead spirit of man is the greatest fruit of creation in the universe. Your heart hole was filled with overflowing with the Father's Perfect Love! Can you see it? \_\_\_Y \_\_\_N
- The "real you," the solid red figure, represents the born again you. It is complete in Christ; it has an eternal, supernatural empowerment to live in Spirit and Truth. Your flesh is **not** spiritually empowered. It is motivated and moved by the worldly lust of the eyes and the pride of life, **I John 2:15-16**. But, being whole on the inside, heals the outside, expect it!
- As a regenerated spirit man, Jesus' Spirit, blood and nature is infused into yours. You are One with Him. When the enemy sees the "real you," he only sees Jesus' blood and Jesus' righteousness covering you. The "real you," is 100% LIGHT blinding the eyes of demons!
- Your recreated spirit, the "real you," is 100% pure Spirit, **sinless, righteous, secure, holy, powerful, wise, whole, healed, free, gifted and empowered** with every necessary spiritual attribute for moving in supernatural life and godliness on this earth, **II Peter 1:4**.
- Because spiritual authority on earth and in heaven has been eternally wrought, sealed by the life, death, blood and resurrection of Messiah Jesus, physical death has no dominion over the "real you." When your body dies, your spirit, the "real you" goes to heaven. You are not your body! Your born-again spirit is eternal. It cannot be changed, twisted, perverted, deceived or killed...it is holy and untouchable, **Hebrews 12:23b!**

### **Full Comprehension About Winning the Daily War Between Your Flesh and Your Spirit Must Come**

When your spirit rises up to fight and rule, immediately your flesh also rises to deceive and dominate. Even though regenerated in your spirit, when you willfully or ignorantly choose to continue to obey the patterns of your old nature, you live a **carnal life** based on your own fleshy brand of righteousness and pride. When you are in your flesh, the "real you" is wearing the whole armor of God, but your carnal self is only wearing the helmet of salvation. When you have a regenerated, supernatural spirit, but follow after the demands of your flesh...it grieves the Father...you stall and limit His plans for you. The hungry, unsatisfied heart hole gapes open again relentlessly driving you to accept the Father's LIFE and love.

The revelation of Truth must come. The "real you" is empowered to execute legal, supernatural spiritual authority and power over your old, demonically driven nature that is constantly suppressing you. That authoritative tool of execution is Jesus' blood.

## The “Real You” has a Divine Connection and Relationship with the Power of Jesus Blood

Look again at the “real you,” the solid red figure. Why is the “real you” red? The “real you” is full of the efficacious blood of Messiah Jesus! His blood is divine access to our holy God. His sin-killing blood is the most noxious and lethal tool of authority and righteousness that exists in creation, **Leviticus 17:11,14, John 6:53**. His blood flowed; the Father was pleased, **Isaiah 53:10-11**. His blood spoke and is still speaking. His blood saturated you and has transformed your spirit. The **legal** power of sin in your life (not the presence of sin in the earth) was totally **eradicated** by the life-giving power of Jesus’ efficacious Covenant blood. To help cement your pivotal, **eternal change** of your spiritual status at the moment of your salvation, see and perceive what happened in the Spirit realm for you.

- In His Spiritual Supreme Court, before the heavenly hosts, Satan and his cadre, the Father’s Gavel was slammed down to **legally** seal the finished work of His Messiah’s life, blood, death and resurrection. The power to own you instantly and divinely switched from Satan’s **legal** right to own you, to the **legal** right of the One, True and Living God to own you, **Romans 8:1-17**.

For the rest of your life, you have the privilege and responsibility to acknowledge and enforce your personal, spiritual resurrection with Him, **Colossians 2:11-12, Ephesians 2:5-6**. When you choose to live and serve out of your blood-bought spirit, the sinlessness of the “real you,” is empowered to rule over your unrenewed mind, destroying the power of sin and the enemy, **Revelation, 12:11**.

The challenge for you to see and understand is: The “real you” is united and made One in the Spirit with Messiah Jesus, **I Corinthians 6:17**, because you have a divine, **legal** connection and relationship with the power of Jesus blood, His death and His resurrection. You have been regenerated to live in victory, favor and reward! All that is impossible is now **legally** possible! Do you know it; can you see being One in the Spirit with Messiah Jesus? \_\_\_Y \_\_\_N

## See the Perfect “Real You” Connected to the Spirit Realm – You Are Not of This World

See the “real you” supernaturally empowered and standing with your flesh under your feet. Like Jesus, the “real you,” is not of this world, **John 8:23**! You are connected to the unseen realm of the Spirit, the revelation of the Spirit, the perception of the Spirit, the feelings of the Spirit and the language of the Spirit. The “real you” can “fly” in the Spirit, **Isaiah 40:31**! As you live out your life, choosing your sinless, “real you,” spirit and your flesh to be led by the Holy Spirit...you are an **overcomer**! Wholeness, freedom and victory become your lifestyle, even in the throes of constant difficulty in your life. There is great reward for overcoming believers for carrying and holding the old nature in control, subduing it to its obvious lower state and value, **Revelation 2-3**!

Jesus was aglow and burning with the Spirit...so is the “real you,” **Romans 12:11**! When the Father looks at you, when the enemy looks at you, they see the “real you” without spot or wrinkle. When you choose to live out of your spirit man, the “real you” and be led by the Holy Spirit, the enemy is forced to flee! You are empowered to walk in the nature and complete works of Messiah Jesus. It is the “real you” being led and walking in the fullness of the Holy Spirit who is destined to be as Jesus was on this earth, **I John 4:17b**. It is time to be His face, mouth, hands and feet.

Only a regenerated, led by the Holy Spirit, supernatural spirit man can live out the privileges of the New Covenant. Are you living below the privileges of the New Covenant? Are you following after the flesh or are you allowing the perfect “real you,” your spirit, to rule? When you choose and commit to accept the love and life the Father is offering you, you are allowing your spirit, the “real you,” to stand up, overcome and rule over the other two figures of failure.

Have you been living in the values of the flesh so long, that your spirit man has taken the lower level? \_\_\_Y \_\_\_N Are you ready to stop allowing your sinful, stubborn old nature to rule over the “real you?” \_\_\_Y \_\_\_N

**YOU HAVE BEEN BORN TO WIN!  
IT IS TIME FOR THE PERFECT, “REAL YOU” TO STEP FORWARD!**

### **Formally Pronounce Changing of the Place of Your Residence – From Flesh to Spirit**

You will never experience a greater change or victory than when you **formally proclaim and manifest** the change of your nature from **flesh to spirit!** Get ready to **proclaim and manifest** the change of your nature from **flesh to spirit!** God’s reconciling and restorative plan has created a way for His Spirit and your spirit to have an intimate, thriving spiritual relationship. In these decaying, decadent days of the end times we are living in, peace, wholeness, freedom and power can only be possible when the “real you” **militantly stands** over your unruly flesh.

We are the only creatures on the earth who get to choose who we are! Solidify your waffling spiritual residence, **Romans 8:1-17, II Corinthians 4:16-18, 5:17, Ephesians 4:22-24, Colossians 3:9-10, John 6:63.** Declaring, **“the real me is my spirit”** is where you need to begin. Living in your spirit, the “real you,” must be “home base” for you, instead of constantly shifting from your flesh to your spirit and your spirit to your flesh. As a believer, it is time to formally proclaim the process of putting the “real you” in place over the demands of your unruly mind and body. Only then can one put being led by the Spirit as a lifestyle into practice. Are you ready to choose to permanently move from your old nature to your new nature?

### **Now Formally Proclaim the “Real You” to Take its Rightful Ruling Position in Your Life**

It is time to stop living with your mind and body ruling over your recreated spirit, the “real you! It is time to permanently change your residence! It is time for the “real you” to take its rightful position in your life. Wholeness, freedom and peace become your everyday lifestyle, even in the throes of the constant difficulties of this life **only** when the “real you” resides and stands over your flesh. It begins by formally and permanently proclaiming the exchange of your spiritual residence, from the heavy coat of flesh to your perfect spirit from this day forward. **Proclaim out loud:**

**EPHESIANS 4:22-25a AMP (Paraphrased in the first person)** I STRIP MYSELF OF MY FORMER NATURE (I PUT OFF AND DISCARD MY OLD UNRENEWED SELF) WHICH CHARACTERIZED MY PREVIOUS MANNER OF LIFE THAT BECOMES CORRUPT THROUGH MY LUSTS AND DESIRES SPRINGING FROM DELUSION; I WILL BE CONSTANTLY RENEWED IN THE SPIRIT OF MY MIND (I WILL HAVE A FRESH MENTAL AND SPIRITUAL ATTITUDE), AND I PUT ON MY NEW NATURE (MY REGENERATED SELF) CREATED IN GOD’S IMAGE, (GODLIKE) IN TRUE RIGHTEOUSNESS AND HOLINESS. THEREFORE, I REJECT ALL FALSITY AND I AM NOW DONE WITH IT.

**Continue to Proclaim: Father, empowered by the blood and victory of Messiah Jesus, You have given me a recreated spirit making me a new creation – I acknowledge that the most important part of me is my recreated spirit, not my body, mind, will or emotions. The “real me” is my spirit. My body, mind, will and emotions are not to rule over the “real me.” I now understand that when I choose to be in my perfect, sinless spirit, I am secure, sealed and significant; I am not broken, I am whole. I proclaim before You Father and these witnesses that I choose to live in the Spirit, as One with Messiah Jesus, out of my recreated spirit the “real me,” with my unruly flesh always under my feet. I choose to put off my old nature. I choose to put on my new nature. Like Jesus, the “real me” is not of this world. Holy Spirit, I turn to You to lead the “real me” and my flesh permanently, from this day forward. In the Name of Jesus, Amen.**

**Date of My Initial Salvation Experience: I Was Born Again\_\_\_\_\_**

Date of My Permanent Change \_\_\_\_\_ 20\_\_ From My Flesh to the “Real Me”

### It Will Take Courage to Grow Up and Be Who You Really Are – A Spirit-Man Like Jesus

Hideously, Satan’s power is still able to rule you...if you choose to return to living out of your old nature. In your spirit, you are empowered to be free from the sin of soul/mind/body control, insecurity, deception, weakness, sin, lies, anger, fears, woundedness and hate. Being in Christ and in your spirit, will ruin you for sinning. Where there is no sin, Satan has no power! (A definition of sin; feelings and actions fueled by your disobedient will.)

The **good news** is that even when you are physically and mentally weak, the “real you” is alive, righteous, strong and always obedient! Therefore, STAND FAST, spirit man up, **Matthew 26:41**, **Galatians 5:1**! As a faithful believer, you must keep on proclaiming who you are in the Spirit and habitually choose to live out of your spirit. When you do, you are lovingly and legally using Jesus’ divine empowerment in you to live and walk in the Spirit just as He did, **I John 4:17b**.

- Like Jesus, you are to be holy, walk in love and live and serve in the supernatural realm of the Kingdom of God. You can because you choose the desires of your fleshly mind, will and emotions to be under the feet of the “real you.”
- You are free to be led by and in 1-1 partnership with the Holy Spirit always hearing His voice; constantly manifesting good works already prepared by God, **Ephesians 2:10**.
- As you are led by Him, get ready, you will hear what to pray for to pray both fervently and effectively. Expect as you are led, to minister through any of the nine fruit and gifts of the Spirit.
- You are empowered to live victoriously in an unfair, deceitful, cruel, evil and faithless society, growing in humility, integrity and having godly zeal with wisdom like Jesus.
- You are invited and expected to live and serve out the mandate of a role(s) or calling for which He has gifted you, using all the supernatural jewels of the New Testament given to you to live a life of godliness. You are “bejeweled” aren’t you!
- See yourself equally yoked with Jesus, doing His continuing good works with Him next to you, **Ephesians 2:10**. Being equally yoked is another way of describing being One in the Spirit with Him and doing nothing of yourself, but only what you are told to say and do by Him, who amazingly is in the yoke beside you!
- Living Spirit to spirit with Him, causes your burdens to be light because you refuse the yokes of self, man or institution, **Matthew 11:28-30**. Apart from Him next to you, you cannot emulate Him as He was. In His yoke rest and peace from burdens become real and lasting.

**A reality check:** Although Jesus did not have a sin nature, He was subject to every temptation to commit sin like you. You however, have the constant propensity to give in to the fleshly pull of your inherited sin nature, which will be with you, **like your shadow**, until the day you die. However, supernaturally empowered like Jesus was...as you are...do you think you are able to choose to live out of your spirit, denying your flesh to rule ALMOST ALL THE TIME? Yes! You are well able! The man Jesus is your flesh and blood, eternal role model. Learning to get out of your flesh and into your spirit is not hard! You just need practice!

**IN THE SPIRIT, THE “REAL YOU” ALMOST ALL THE TIME  
A REALISTIC GOAL!**

## It is Time to Practice...How Fast Can You Go from Your Flesh to Your Spirit?

Have you ever done the impossible? Of course, you have. You have forgiven, achieved, obeyed and loved the unlovely many, many times! Was it flesh or spirit? It was **the “real you,” your spirit**, being led by the Spirit, not your flesh! Do you live the Christian life being led by the Spirit all the time? Probably not.

**The Truth is:** You are empowered to be led by the Spirit as a lifestyle this very moment. Your sinless spirit is powerful; it has the authority to reckon death to your fleshly desires and the power of the old nature with a snap of your fingers! An exercise to show yourself how quickly you are able to choose and exert either your flesh or your spirit:

- The question is: How fast can you go from your flesh to your spirit? First, **on purpose, think “in your flesh”**...think a fleshly thought, then snap your fingers. Stop it.
- Now, **on purpose, think “in your spirit.”** See the resurrected Jesus standing in front of you, smiling at you. Snap your fingers. Stop it. Again, think **“in your flesh.”**

Isn't it amazing that as fast as snapping your fingers, you can you go from your flesh to your spirit? Disgustingly, it is as fast to go from your spirit to your flesh! You are an amazing supernatural creature with a powerful, authoritative will! You can choose how long you stay in your flesh, right? You always have a choice to be in your spirit, don't you? Again, how fast can you go from your flesh to your spirit? \_\_\_\_\_

**Make an observation:** What is the ratio you lived out of your fleshly nature today, versus out of your recreated “real you” spirit? 80/20\_\_\_\_ 60/40?\_\_\_\_ 50/50?\_\_\_\_ Other?\_\_\_\_\_

**The Truth is:** You are empowered to be in your spirit, the “real you” almost all the time, aren't you? \_\_\_Y \_\_\_N You are a professional at being in your flesh, but not a professional yet at being in your spirit, the “real you.” \_\_\_Y \_\_\_N

**Reality Check:** Prepare yourself, part of you is always going to complain!

- Obedience to live in your **spirit**, the “real you” brings distress and suffering. Why? **Answer:** Because when you choose and exert **spirit over flesh**, your **flesh** feels distressed.
- Disobedience and choosing **flesh** over the “real you,” brings distress and suffering. Why? **Answer:** Because when you choose to exert **flesh over spirit**, your **spirit** feels distressed.

Only a regenerated, supernatural spirit man can live out the privileges of the New Covenant. Can you see this? When you choose and commit to accept the love and life the Father is offering you through His Son, you are allowing your spirit, the “real you,” to stand up, overcome and rule over the other two figures of fleshly failure. You know what that feels like, don't you?

### QUESTIONS TO ANSWER

1. How do you want to live? **Flesh feeling distressed** \_\_\_ **Your spirit feeling distressed**\_\_\_
2. Are you perfect? \_\_\_ Yes \_\_\_ No If you mark No, you only see yourself in the flesh.
3. What part of you is a perfect new creation? \_\_\_\_\_
4. Is your soul (mind, will, emotions) perfect? \_\_\_Y \_\_\_N
5. When you are in your perfect spirit, led by the Spirit, what is possible? \_\_\_\_\_
6. When you are in your perfect spirit, led by the Spirit what is impossible? \_\_\_\_\_

## QUESTIONS TO SETTLE

1. Your regenerated spirit cannot be in the flesh. It is impossible; it is sinless. \_\_\_Y \_\_\_N
2. The “real you” can only walk according to the Spirit, Romans 8:1,4. \_\_\_Y \_\_\_N
3. The “real you” always wants to do what Jesus wants. Can you see it? \_\_\_Y \_\_\_N
4. When you choose to open the door, gratifying your flesh, you give permission to the resurrection of your old nature to rule over the “real you.” Can you see this? \_\_\_Y \_\_\_N
5. When you are in your spirit, what happens to your runaway emotions? \_\_\_\_\_
6. Is it time for you to rethink possible? \_\_\_Y \_\_\_N

### Remember, Who You Were Was Put to Death, You Have Been Resurrected from the Dead

God’s reconciling and restorative plan has created a way for His Spirit and your spirit to have an intimate, thriving 1-1 intimate, spiritual relationship. The death of your old nature and now being One in spirit with Jesus is enforced by acknowledgment of your personal, spiritual resurrection from the dead with Him. Read, then circle the main points in the following verses. Record the main points in the box below.

COLOSSIANS 2:11-12

EPHESIANS 2:5-6

Being resurrected with Him means you have been made spiritually One with Him. To become united as One with you, the ruling power of your old nature to continually sin was destroyed, put to death, by the life-giving power of Jesus’ blood. Write your name in the space below.

**I Corinthians 6:17 AMP Paraphrased in the first person, says, “But I \_\_\_\_\_ who is united to the Lord is One spirit with Him.”**

### It is Time for the Perfect “Real You” to Step Forward

Do you now, fully acknowledge being personally and spiritually resurrected? \_\_\_Y \_\_\_N We are the only creatures on the earth who get to choose who we are. Declaring “the real me is my spirit and not my flesh” is the privilege of N.T. believers. Living in your spirit, the “real you,” should be “home base” for you. Are you ready to formally ignite the process of being led by the Spirit as a lifestyle? Are you ready for the resurrected “real you” to permanently rule over your sin nature?

**Proclaim out loud: The “real me” is stepping forward to rule! My old nature is under my feet. I again acknowledge that the most important part of me is my recreated spirit, not my body, mind, will or emotions. My body, mind, will and emotions are not the “real me.” I rest, knowing the “real me” is my spirit. It is through the “real me” that I can worship You in Spirit and Truth. I now see that the “real me,” my redeemed spirit, is supernaturally empowered and contains everything that pertains to life and godliness. I proclaim before You Lord and these witnesses that I choose to live in Christ, One in spirit with Him, out of my, recreated, resurrected, bejeweled spirit, the “real me.” Today, I choose to not live life out of my flesh. In my spirit, I am free, whole and healed. Holy Spirit lead me and my flesh permanently - all the days of my life. In Jesus’ Name, Amen.**

## My Permanent Change for the “Real Me” to Stand and Rule Over My Flesh

Date \_\_\_\_\_ 20\_\_

Congratulations! Because of what Messiah Jesus has done, the power to fully own you has switched from Satan’s former, legal right to dominate you, to the higher, legal right of the One, True and Living God to fully own and lead you. You have proclaimed that the power source has been changed, **Romans 8:8ff!** Be warned! Hideously, Satan’s power is still able to infiltrate you when you forget who you are in the Spirit. You must habitually choose to live out of your bejeweled, recreated spirit. Your calling as a believer is to constantly pull into your soul, your mind, will and emotions, the vast supernatural empowerment of what has been authoritatively placed in your spirit. **Romans 6-8** is you! Read **Romans 8:9-19**.

When you **constantly choose to live in your bejeweled spirit**, the “real you” the resident empowerment for you to be as Jesus, the Son of man, was on this earth is released. He constantly lived out of His spirit. He constantly had to **choose** His Father’s will over His own. He constantly had to **exert His spirit over His flesh**. Believers must follow Jesus’ example. He is asking you and expecting you to follow His spiritual and human example to live as a true believer on this earth. Crucifying your flesh daily and being led by the Spirit will make you as strong as you need to be to live a difficult life on this earth. Going the way of the Cross and wanting to be Jesus’ Disciple is the key, **John 8:31-36**. You must learn to constantly train yourself to **exert** your spirit, “the real you,” over your fleshly will. When you **exert** the “real you,” to rule you can expect:

- To be free from soul/mind/body control, insecurity, depression, weakness, sin, lies, anger, fears, woundedness and hate. Being in Christ, in your spirit, ruins you for sinning. Where there is no sin, Satan has no power!
- To fulfill your God-given destiny. Only sin can keep you from your destiny. Keep repenting of sin to fulfill your destiny!
- To live victoriously in an unfair, deceitful, cruel, evil and faithless society; being able to be holy, walk in love by continually being led by the Spirit and being spiritually empowered to not gratify the desires of your flesh.
- To grow in accountability, humility and to have zeal with wisdom like Jesus. To be a led by the Spirit servant to God and to His people.
- When you value and elevate the “real you” over your flesh and blood self, the pull of the world grows dim, eternity and the unseen with its glory rises and consumes you. If and when disease, disaster and death come, you are above it all, seeing, knowing, trusting and enduring in the Spirit realm.

### “REAL YOU” INSIGHTS TO ENGAGE AND LIVE OUT ~ THIS WEEK’S TRAINING ASSIGNMENT ~

**Struggling with stepping into the practically applying the challenges of these lessons? Go back and speak the proclamations in each Lesson out loud again. Faith will come by hearing yourself!**

1. In flesh and unbelief – you think; you hope, but you don’t know for sure \_\_\_T\_\_\_F  
In spirit and Truth – you know that you know, that you know \_\_\_T\_\_\_F
2. Being spirit to spirit ignites passion and intimacy \_\_\_T\_\_\_F

3. Being led by the Spirit releases you to be as Jesus was on this earth \_\_\_T \_\_\_F
4. On this earth, what is more powerful than the “real you” being led by the Holy Spirit? Your fleshly fears? \_\_\_ Demonic powers? \_\_\_ Whatever your passions are? \_\_\_ Is your fleshly will? \_\_\_ Weapons of mass destruction? \_\_\_ Nothing! \_\_\_
5. Be honest with yourself. What are the two main issues in your personal life that have been keeping the “real you” from being free, whole and healed? Acts of my flesh \_\_\_ My past \_\_\_ Ignorance of Truth \_\_\_ Unbelief of Truth \_\_\_ Love of the world \_\_\_ Fleshly acts of man and institution \_\_\_ Honestly, all of these \_\_\_
6. If you understood and lived out of the power placed in you, you would never be afraid of God, anything, anyone, any demon, any challenge, any temptation. \_\_\_T \_\_\_F

**To Do This Week - Exert Your Spirit Exercise – This is an ongoing, lifetime skill to master!**

1. Exerting or sowing to your spirit man over your flesh, **Galatians 6:8**, is a basic skill that needs to be mastered. Your willful conscience is connected to both the Spirit realm and the fleshly worldly realm. This ongoing, exercise trains and strengthens you to separate the two, choosing with righteous conviction of the “real you,” to choose the way of the Spirit. **Exert means:**

- Put into vigorous action...Snap your fingers to **exert** your will to obey.
- Put forth ability, strength...**Exert** your perfect spirit, the “real you” to rule.
- To stretch out, join, unite...You are One with Jesus on the path of righteousness.

**The scene:** Every activity and challenge in your daily life this week; as each moment comes that you must respond and speak from your spirit, choose to not exert your fleshly will.

- Do not: React from your flesh; only respond from your spirit...**respond, not react!**
- Do not: React in anger, desire to be right or first, render judgment or indulge in lusty gratification. Do not deliver a battle of words or dominate with your fleshly will.
- Do **exert** your spirit, the “real you”...on purpose see Jesus, your earthly model, nodding to you and reaching His hand out to you; join hands with Him. Feel His overwhelming presence; feel His righteousness and purity in you kill your fleshly will.

**Say to yourself...”The ‘real me,’ my spirit, says NO to my flesh!”**

**Say to the Holy Spirit...”I choose to be in my spirit, Holy Spirit what do I say or do now?”**

- Perceive and feel your spirit witness the Holy Spirit’s presence and voice. He will tell you what to say or do. Be willing to obey and say, **“Not my will, but Yours be done.”**
  - You are going to feel resistance...**exert** your submitted spirit will over your fleshly will...snap your fingers and say again, **“Not my will, but Yours be done”**...over and over as necessary until your spirit rules and your flesh is subdued completely.
  - Obediently follow through with what you are to do or say. Rejoice in the deep pleasure that obedience brings. You have just made an impossible scenario crumble! If and when you fail...just keep starting over and do it right the next time. **Expect to share on the ups and downs of learning to better exert your spirit.**
2. Exert the “real you,” to observe others, believers and unbelievers, by the Spirit and not by their flesh, II Corinthians 5:16. After this week answer: Was it hard \_\_\_ or easy \_\_\_?

**3. Reading the Word of God from this time forward is not ever going to be the same! Get ready for new and deeper illuminations! You are reading the Word of God, aren't you?**

- Check out the principles in these “real you” scriptures. **John 6:63, Romans 8:1-17, II Corinthians 4:16-18, II Corinthians 5:17, Galatians 6:15, Ephesians 4:22-24, Colossians 3:9-10, John 17: 22-23.**
- Continue to observe and see the “real in-Christ you” as you go through the Word of God. Make goal for yourself as you read through the New Testament, to mark each verse about your identity, endowment, favor, privileges and exploits as a regenerated spirit man, the “real you.”

Check out the LBS School Bookstore for the expanded lesson in booklet form, **Who is the Real You?**

A 63-page **Learning to Perceive and Hear Workshop** for individual or small group study continues to build on this basic lesson is also available.

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